

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Ruan Van Heerden

Has successfully participated & completed the

5 km The Pink Xtreme Trail Run 2023

held at Vrede en Lust.

**TIME** 00:51:34

**PACE** 10:18/km

**OVERALL** 132 of 198

**GENDER** 51 of 73

**OPEN** 15 of 25

07 October 2023, Sat

Date

